CUSD Community Resource List

Eating Disorders

Disorders (630) 577-1330 750 E Diehl Road #127 Naperville, IL 60563 http://www.anad.org/eating-disorders-get-help/ anadhelp@anad.org. Helping operates 9 AM-5 PM Central Time, Monday through Friday and can help you find the treatment to fit your needs. Information for treatment centers and support groups in California can be found on website Eating Disorder Foundation of Orange County (949) 285-9827 Insight Counseling - 23232 Peralta Drive, Ste. 211 Laguna Hills, CA 92653 www.edfoc.org nicole@edfoc.org Dedicated to the awareness and prevention of eating disorders through education. Also provides confidential counseling referrals and in-patient and medical treatment referrals Orange County Health & Psychology Associates (888) 700-0805/949-551-4272 62 Discovery Irvine, CA 92618 Disorders, and Dual Diagnosis/Chemical Dependency. Shoreline Center for Eating Disorder Treatment OC Of20 25401 Cabot Road, Suite 217 Laguna Hills, CA 92653 http://shoreline-eatingdisorders.com/eating-disorders-treatment-options/orange-county-location/ info@ shoreline-eatingdisorders.com Shoreline Orange County offers both Partial Hospital/Day Treatment and Intensive Outpatient programming, for men and women, ages 13 and up, who are struggling with eating disorders, exercise addiction and co-morbid mental health issues. Services are provided in a warm and nurturing setting, b	Eating Disorders	
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62 Discovery Irvine, CA 92618 http://ochpa.com OCHPA is a multidisciplinary behavioral group practice offering treatment programs for Mood Disorders, Eating Disorders, and Dual Diagnosis/Chemical Dependency. Shoreline Center for Eating Disorder Treatment OC (562) 434.6007 25401 Cabot Road, Suite 217 Laguna Hills, CA 92653 http://shoreline-eatingdisorders.com/eating-disorders-treatment-options/orange-county-location/ info@ shoreline-eatingdisorders.com Shoreline Corange County offers both Partial Hospital/Day Treatment and Intensive Outpatient programming, for men and women, ages 13 and up, who are struggling with eating disorders, exercise addiction and co-morbid mental health issues. Services are provided in a warm and nurturing setting, by a highly trained, compassionate and empathetic multidisciplinary team. We implement evidenced-based treatment practices in our individual and group therapy, medical nutrition therapy, medical management DBT, ACT, CBT, Intuitive Eating concepts, expressive and equine therapies. On Mondays from 6:15-7:15 p.m. , Shoreline OC hosts ongoing complimentary weekly ANAD support groups for eating disorders to express feelings and gain greater insights to help toward recovery. St. Joseph's Hospital - Behavioral Health Services (714) 771-8134 1100 West Stewart Drive Orange, CA 92868 http://www.sjo.org/Our-Services/Behavioral-Health-Services/Inpatient-Services.aspx The Inpatient unit provides treatment for a variety of behavioral treatment needs including Eating Disorders assessment for treatment and referral	counseling referrals and in-patient and medical treatment referrals	
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COMMUNITY RESOURCES: The referrals listed are not sponsored, endorsed, supported or specifically recommended by the Capistrano Unified School District or any of its employees. The referrals are provided as a community service based on information gathered from the providers or other sources. The District has not done any independent investigation or evaluation of any resource and does not take any responsibility for the quality or competency of the services provided.